WONDER WOMEN IN TOUCH PROGRAM

MC - ALI PLATH - TRIPLE M BREAKFAST HOST

9:00am	Welcome
ACACIA ROOM 9:10am Keynote Angela Lee Jenkins Leading with Wellbeing and Intelligence	In this empowering and energising keynote, Angela Lee Jenkins introduces Wellbeing Intelligence—a leadership capability built on a whole-person, whole-system approach that supports performance, resilience, and connection on and off the field. Whether you're a player, coach, referee, selector, or administrator, your leadership and wellbeing are deeply connected. Drawing on lived experience, research, and Angela's Wellbeing in the Small Things philosophy and Will to Liv mission, this session will help you strengthen your capacity to lead yourself and others with greater purpose and presence. This session is about real alignment—cutting through the noise to reconnect with what sustains you. You'll explore simple yet powerful strategies that enhance your impact, protect your energy, and help you thrive in your role. You'll leave with renewed inspiration, practical tools, and a clear "Mini Map Forward" to elevate your own wellbeing, uplift others, and lead with confidence in any environment. Key Takeaways: Explore your full wellbeing landscape and uncover ways to align with your strengths, reduce stressors, and lead with more energy and intention. Receive a personalised "Mini Map Forward" to help you take aligned, sustainable steps that support your wellbeing goals Walk away with evidence-based wellbeing strategies to strengthen emotional resilience, boost mental clarity, and deepen your connection with self and others.

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10:40am	Morning Tea
ACACIA ROOM 11:10am Leadership Panel: • Sally Irwin - Chair of Touch Western Australia, • Leona Bennett – Managing Partner Southern Waters Legal • Kylie Hilder, NSWRL Women's Pathways Manager • Gab Rose, Jillaroo and NSWRL SOO Women's Well Being Manager	The session aims to bring together a dynamic group of accomplished female leaders to share the experiences that have shaped their leadership journeys. We will aim to explore the key factors contributing to each panellist's success, along with common challenges faced by women in leadership—such as gender bias, work-life balance, and limited access to key networks—and discuss practical strategies for aspiring leaders.
11:50am	Lunch
1:00pm Breakout Panels	**Coaching - ACACIA ROOM** Karley Banks, Kylie Hilder, Nat Little, Renee Murphy A panel discussion aimed at enhancing encouraging coaching pathways, challenges and how to overcome them. The session will also include a workshop with the Summit participants on their challenges, strategies to overcome them, and how NSWTA can help.

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1:00pm Breakout Panels continued	**Referees - TEA TREE ROOM** Sam Clark, Emma Bleasdale, Rachael Whiteside, Amanda Crowley. A panel discussion aimed at enhancing encouraging referee pathways, challenges and how to overcome them- how best to prepare for performance. The session will also include a workshop with the Summit participants on their challenges, strategies to overcome them, and how NSWTA can help. **Administrators - GREVILLIA ROOM** Kat McIlwraith, Kellie Jean Johnston, Anne Johns- Netball NSW A panel discussion aimed at encouraging women to take on higher levels of leadership in administrative roles. The challenges and how to overcome them - how best to have your experience enjoyable. The session will also include a workshop with the Summit participants on their challenges, strategies to overcome them, and how NSWTA can help.
2:30pm	Afternoon Tea
ACACIA ROOM 3:00pm	Casey Dellacqua Interview Interview with Casey Dellacqua - one of Australia's most respected and recognisable figures in tennis—both on and off the court. Casey is a former professional player who reached a career-high ranking of World No. 26 in singles and World No. 3 in doubles. She is a seven-time Grand Slam doubles finalist, an Olympian, and was a proud and integral member of the Australian Billie Jean King Cup team.
3:45pm	Next Steps
3:55pm	Close